

Isoleucin¹⁰⁰ minis · Valin¹⁰⁰ minis

Nutrition information

		100 g	0,20 g (1 tablet)
• Energy	kJ	1365	3
	kcal	323	0,6
• Fat	g	1	0,002
of which saturates	g	1	0,002
• Carbohydrate	g	29	0,06
of which sugars	g	1,8	0,0036
• Fibre	g	17	0,03
• Protein eqv.	g	42	0,08
• Salt	g	0	0

Minerals

• Calcium	mg	200	0,4
• Magnesium	mg	45	0,09

Further nutrition information – Isoleucin¹⁰⁰ minis

• L-Isoleucine	g	50	0,1
	mmol		0,8

Further nutrition information – Valin¹⁰⁰ minis

• L-Valine	g	50	0,1
	mmol		0,9



Isoleucin¹⁰⁰ minis · Valin¹⁰⁰ minis

- ✓ each 500 tablets = 100 g
- ✓ per 1 tablet
 - Isoleucin¹⁰⁰ minis: 100 mg (0,8 mmol) L-Isoleucine
 - Valin¹⁰⁰ minis: 100 mg (0,9 mmol) L-Valine

✓ Isoleucin¹⁰⁰ minis · Valin¹⁰⁰ minis



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PRODUCT INFORMATION

Isoleucin¹⁰⁰ minis
Valin¹⁰⁰ minis

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Valin¹⁰⁰ minis

- for use in the dietary management of disorders in amino acid metabolism (e.g. MSUD, MMA or PA), where supplementation with L-Isoleucine or L-Valine is indicated

✓ practical ✓ flexible ✓ discreet

- L-Isoleucine/L-Valine in the form of tablets
- from 1 year of age
- neutral in taste and smell



✓ in case of e.g. MSUD, MMA or PA

- **Isoleucin¹⁰⁰ minis/ Valin¹⁰⁰ minis** are pressed and coated L-Isoleucine/ L-Valine in tablet form.
- **Isoleucin¹⁰⁰ minis** contain 100 mg (0,8 mmol) L-Isoleucine per tablet.
- **Valin¹⁰⁰ minis** contain 100 mg (0,9 mmol) L-Valine per tablet.
- **Isoleucin¹⁰⁰ minis** and **Valin¹⁰⁰ minis** are foods for special medical purposes.
- **Isoleucin¹⁰⁰ minis** and **Valin¹⁰⁰ minis** are suitable for use in the dietary management of disorders in amino acid metabolism (e.g. Maple Syrup Urine Disease, Methylmalonic Aciduria or Propionic Aciduria), where supplementation with these amino acids is indicated. Suitable from 1 year of age.
- **Isoleucin¹⁰⁰ minis/ Valin¹⁰⁰ minis** are highly concentrated.
- **Isoleucin¹⁰⁰ minis/ Valin¹⁰⁰ minis** are not fortified with micronutrients.

✓ for use in the dietary management

- L-Isoleucine (**Isoleucin¹⁰⁰ minis**) and L-Valine (**Valin¹⁰⁰ minis**) are used in the dietary management of e.g. Maple Syrup Urine Disease, Methylmalonic Aciduria or Propionic Aciduria, in order to prevent or adjust inadequate serum levels of Isoleucine and/ or Valine, caused by the low protein diet.

✓ convenient and discreet

- **Isoleucin¹⁰⁰ minis/ Valin¹⁰⁰ minis** are ready for application, no preparation necessary.
- **Isoleucin¹⁰⁰ minis/ Valin¹⁰⁰ minis** can be consumed discreetly.

✓ neutral and flexible

- **Isoleucin¹⁰⁰ minis/ Valin¹⁰⁰ minis** are neutral in taste and smell – they allow a tasteless intake of L-Isoleucine/ L-Valine.

✓ easy and practical

- The surface of **Isoleucin¹⁰⁰ minis/ Valin¹⁰⁰ minis** is very smooth. This is why you can easily swallow the tablets.
- For taking **Isoleucin¹⁰⁰ minis/ Valin¹⁰⁰ minis** you simply need a glass of water or any other permitted drink: **Isoleucin¹⁰⁰ minis/ Valin¹⁰⁰ minis** are practical, handy, easy!



✓ **Isoleucin¹⁰⁰ minis · Valin¹⁰⁰ minis**

✓ Dosage/ Administration

- **Isoleucin¹⁰⁰ minis/ Valin¹⁰⁰ minis** should always be taken with a sufficient quantity of liquid. They should be swallowed unchewed as whole tablets. They are not meant to dissolve in the mouth. We recommend to take the tablets in an upright position.
Note: The tablets are covered with a tasteless coating. This makes it easy to swallow them. However the layer is very thin. Thus, if the tablets were kept in the mouth for too long, this layer would dissolve and release the typical taste of Isoleucine/ Valine. This is why we recommend the administration above.
- The daily dosage depends on age, body weight and individual medical condition and is determined under medical supervision.
- Also the right time for the daily intake should be determined by healthcare professionals.
- **Isoleucin¹⁰⁰ minis/ Valin¹⁰⁰ minis** should at best be taken along with pre-calculated amounts of food.
- **Isoleucin¹⁰⁰ minis/ Valin¹⁰⁰ minis** should be taken supplementary to the regular amino acid mixture – if applicable.
- The box with **Isoleucin¹⁰⁰ minis/ Valin¹⁰⁰ minis** must be closed tightly after use, also with the inner lid.

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