

NUTRITION INFORMATION nephea Kid

| | | 100 g powder | 30 g powder |
|------------------|------|-----------------|----------------|
| • Energy | kJ | 2044 | 613 |
| | kcal | 488 | 147 |
| • Fat | g | 24 | 7 |
| of which | | | |
| saturates | g | 5 | 1,4 |
| mono-unsaturates | g | 10 | 3 |
| polyunsaturates | g | 10 | 3 |
| • Carbohydrate | g | 60 | 18 |
| of which sugars | g | 3,6 | 1 |
| • Fibre | g | 3 | 1 |
| • Protein | g | 6,5 | 1,9 |
| • Salt | g | 0,5 | 0,15 |
| • Sodium | mg | 200 | 60 |
| | mmol | 9 | 2 |
| • Calcium | mg | 150 | 45 |
| | mmol | 4 | 1,1 |
| • Potassium | mg | 20 | 6 |
| | mmol | 0,5 | 0,16 |
| • Phosphorus | mg | 26 | 8 |
| | mmol | 0,6 | 0,17 |

FURTHER NUTRITION INFORMATION

| | | | |
|----------------|---|----|----|
| • Maltodextrin | g | 60 | 18 |
|----------------|---|----|----|

Due to the natural raw materials used the nutrition values may vary.

Standard dilution:

30 g nephea Kid + 100 ml drinking water
= 120 ml ready to drink feed, Osmolality: 271 mosmol/kg drinking water.



nephea Kid
1 x 400 g tin



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X energy-rich

INFORMATION FOR PARENTS



X elektrolyte-balanced

- ✓ for the dietary management of chronic kidney disease
- ✓ suitable from 1 year of age onwards

X protein-reduced

- ✓ food for special medical purposes
- ✓ sip feed and tube feed
- ✓ enriched with soluble fibre

21/03/17 d90/03/23



Definition and Indication

- **nephea Kid** is a protein-reduced and electrolyte-balanced oral sip feed or tube feed – food for special medical purposes.
- **nephea Kid** is suitable for the dietary management of Pre-End-Stage Renal Disease (Pre-ESRD) or other conditions of chronic renal failure (CRF), when a protein-reduced and electrolyte-balanced diet is indicated.
- Balanced with vitamins, minerals and trace elements in adequate amounts.
- Enriched with soluble fibre.
- Especially for children from 1 year of age onwards.

Dosage

- **nephea Kid** can be given supplementary or according to energy requirements.
- The daily dosage depends on age and body weight of the child and should be given in several single portions. Preferably begin with low, then gradually increasing doses.
- The individual dosage is calculated on the basis of daily energy requirements according to KDOQI guidelines and the Reference Values for Nutrient Intake (D-A-CH 2000) and should be re-examined and adjusted regularly under medical control.

Important Notice

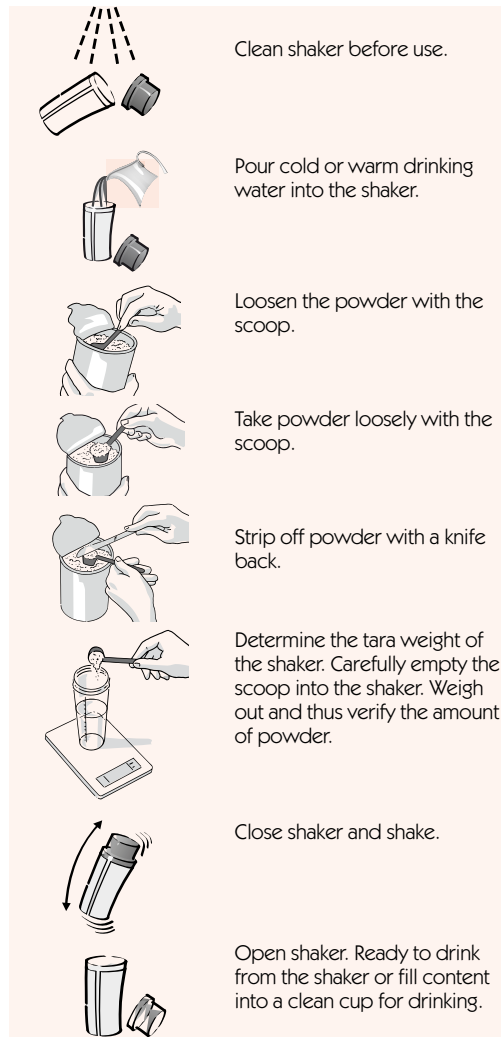
- **Always prepare freshly.**
Always prepare bottle feed or pap freshly. Do not reuse any rest.
- **Only use under medical supervision.**
Do not use in case of cow's milk protein allergy and severe disorders of resorption and digestion. Contains easily digestible carbohydrates. In case of disorders in glucose tolerance use only under careful control of metabolism. For enteral use only.

nephea Kid

Preparation

- Measure or rather weigh out amount of powder according to required energy density. If necessary use a shaker or a whisk. See pictograms.
- **nephea Kid** dissolves easily in cold and warm water and has a milky taste.
- The different ways of preparing **nephea Kid** are shown hereinafter.

✓ With a shaker



nephea Kid

✓ Sip feed

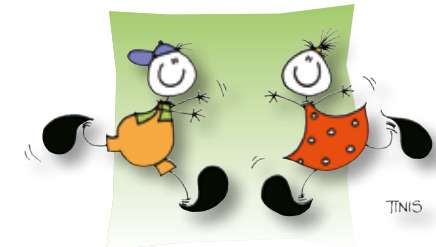
- Stir required amount of powder into drinking water and dissolve. Ready to drink.

✓ Tube feed

- Stir required amount of powder into boiled water (cooled down to approx. 40 °C) and dissolve.
- Standard tubes can be used.

✓ Pap, pudding, further preparation

- **nephea Kid** can be prepared as a pap or pudding and can be used for supplementing other meals as well.



For your information

There are two **nephea** products for the dietary management of chronic renal disease in children from 1 year of age onwards: **nephea Kid** and **nephea^{HD} Kid**. Both products differ in their contents of Potassium and Phosphorus. With regard to this difference your doctor has decided intentionally for the one or the other product.

nephea Kid