

## NUTRITION INFORMATION

nephea Kid

		100 g powder	30 g powder
• Energy	KJ	2044	613
	kcal	488	147
• Fat	g	24	7
of which			
saturates	g	5	1,4
mono-unsaturates	g	10	3
polyunsaturates	g	10	3
• Carbohydrate	g	60	18
of which sugars	g	3,6	1
• Fibre	g	3	1
• Protein	g	6,5	1,9
• Salt	g	0,5	0,15
• Sodium	mg	200	60
	mmol	9	2
• Calcium	mg	150	45
	mmol	4	1,1
• Potassium	mg	20	6
	mmol	0,5	0,16
• Phosphorus	mg	26	8
	mmol	0,6	0,17

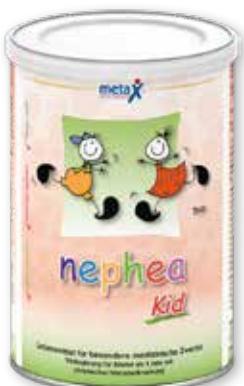
## FURTHER NUTRITION INFORMATION

• Maltodextrin	g	60	18
----------------	---	----	----

Due to the natural raw materials used the nutrition values may vary.

### Standard dilution:

30 g nephea Kid + 100 ml drinking water  
= 120 ml ready to drink feed, Osmolality: 271 mosmol/kg drinking water.



nephea Kid  
1 x 400 g tin



📞 008000-9963829  
(freecall from A, D, NL)  
or + 49 (0) 8432 - 94 86 0  
✉️ service@metax.org  
metax-shop.org  
visit us on [metax.org](http://metax.org)  
metaX Institut fuer Diabetetik GmbH  
Am Strassbach 5 · 61169 Friedberg/Germany



21/03/17 d20/03/23

✗ energy-rich



✗ electrolyte-balanced

- ✓ for the dietary management of chronic kidney disease
- ✓ suitable from 1 year of age onwards

✗ protein-reduced

- ✓ food for special medical purposes
- ✓ sip feed and tube feed
- ✓ enriched with soluble fibre



UK

## Definition and Indication

- **nephea Kid** is a protein-reduced and electrolyte-balanced oral sip feed or tube feed – food for special medical purposes.
- **nephea Kid** is suitable for the dietary management of Pre-End-Stage Renal Disease (Pre-ESRD) or other conditions of chronic renal failure (CRF), when a protein-reduced and electrolyte-balanced diet is indicated.
- Balanced with vitamins, minerals and trace elements in adequate amounts.
- Enriched with soluble fibre.
- Especially for children from 1 year of age onwards.

## Dosage

- **nephea Kid** can be given supplementary or according to energy requirements.
- The daily dosage depends on age and body weight of the child and should be given in several single portions. Preferably begin with low, then gradually increasing doses.
- The individual dosage is calculated on the basis of daily energy requirements according to KDOQI guidelines and the Reference Values for Nutrient Intake (D-A-CH 2000) and should be re-examined and adjusted regularly under medical control.

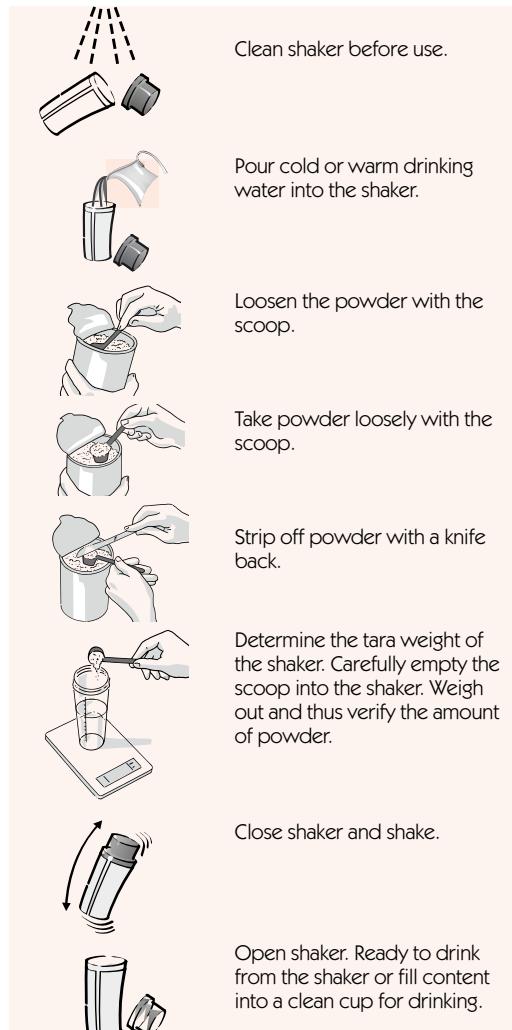
## Important Notice

- **Always prepare freshly.**  
Always prepare bottle feed or pap freshly. Do not reuse any rest.
- **Only use under medical supervision.**  
Do not use in case of cow's milk protein allergy and severe disorders of resorption and digestion. Contains easily digestible carbohydrates. In case of disorders in glucose tolerance use only under careful control of metabolism. For enteral use only.

## Preparation

- Measure or rather weigh out amount of powder according to required energy density. If necessary use a shaker or a whisk. See pictograms.
- **nephea Kid** dissolves easily in cold and warm water and has a milky taste.
- The different ways of preparing **nephea Kid** are shown hereinafter.

### ✓ With a shaker



### ✓ Sip feed

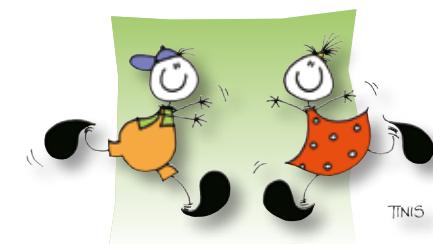
- Stir required amount of powder into drinking water and dissolve. Ready to drink.

### ✓ Tube feed

- Stir required amount of powder into boiled water (cooled down to approx. 40 °C) and dissolve.
- Standard tubes can be used.

### ✓ Pap, pudding, further preparation

- **nephea Kid** can be prepared as a pap or pudding and can be used for supplementing other meals as well.



### For your information

There are two **nephea** products for the dietary management of chronic renal disease in children from 1 year of age onwards: **nephea Kid** and **nephea<sup>HD</sup> Kid**. Both products differ in their contents of Potassium and Phosphorus. With regard to this difference your doctor has decided intentionally for the one or the other product.