

Phenylalanin⁵⁰ minis

Nutrition information

	100 g	0,20 g (1 tablet)
• Energy		
	kJ 1419	3
	kcal 336	0,7
• Fat	g 1	0,002
of which		
saturates	g 1	0,002
• Carbohydrate	g 53	0,1
of which sugars	g 3	0,007
• Fibre	g 17	0,03
• Protein eqv.	g 21	0,04
• Salt	g 0	0

Minerals

• Calcium	mg 200	0,4
• Magnesium	mg 45	0,09

Further nutrition information

• L-Phenylalanine	g 25	0,05
	mmol	0,3



Phenylalanin⁵⁰ minis

- ✓ 500 tablets = 100 g
- ✓ 1 tablet contains 50 mg (0,3 mmol) L-Phenylalanine

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✓ Phenylalanin⁵⁰ minis

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PRODUCT INFORMATION

FOOD FOR SPECIAL MEDICAL PURPOSES

Phenylalanin⁵⁰ minis

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- for use in the dietary management of Tyrosinemia or other medical conditions, where supplementation with L-Phenylalanine is indicated

✓ practice ✓ flexible ✓ discreet

- L-Phenylalanine in form of tablets
- from 1 year of age
- neutral in taste and smell



✓ in case of e.g. Tyrosinemia

- **Phenylalanin⁵⁰ minis** are pressed and coated L-Phenylalanine in tablet form.
- **Phenylalanin⁵⁰ minis** contain 50 mg (0,3 mmol) L-Phenylalanine per tablet.
- **Phenylalanin⁵⁰ minis** are a food for special medical purposes.
- **Phenylalanin⁵⁰ minis** are suitable for use in the dietary management of e.g. Tyrosinemia or other medical conditions, where supplementation with L-Phenylalanine is indicated. Suitable from 1 year of age.
- **Phenylalanin⁵⁰ minis** are highly concentrated.
- **Phenylalanin⁵⁰ minis** are not fortified with micronutrients.

✓ for use in the dietary management

- L-Phenylalanine (**Phenylalanin⁵⁰ minis**) is used in the dietary management of e.g. Tyrosinemia, in order to avoid too low Phe levels caused by the low Phenylalanine and low Tyrosine diet.

✓ convenient and discreet

- **Phenylalanin⁵⁰ minis** are ready for application, no preparation necessary.
- **Phenylalanin⁵⁰ minis** can be consumed discreetly.

✓ neutral and flexible

- **Phenylalanin⁵⁰ minis** are neutral in taste and smell – they allow a tasteless intake of L-Phenylalanine.

✓ easy and practical

- The surface of **Phenylalanin⁵⁰ minis** is very smooth. This is why you can easily swallow the tablets.
- For taking **Phenylalanin⁵⁰ minis** you simply need a glass of water or any other permitted drink:
Phenylalanin⁵⁰ minis are practical, handy, easy!



✓ Dosage/ Administration

- **Phenylalanin⁵⁰ minis** should always be taken with a sufficient quantity of liquid. They should be swallowed unchewed as whole tablets. They are not meant to dissolve in the mouth. We recommend to take the tablets in an upright position.

Note: The tablets are covered with a tasteless coating. This makes it easy to swallow them. However the layer is very thin. Thus, if the tablets were kept in the mouth for too long, this layer would dissolve and release the typical taste of Phenylalanine. This is why we recommend the administration above.

- The daily dosage depends on age, body weight and individual medical condition and is determined under medical supervision.
- Also the right time for the daily intake should be determined by healthcare professionals.
- **Phenylalanin⁵⁰ minis** should at best be taken along with pre-calculated amounts of food.
- **Phenylalanin⁵⁰ minis** should be taken supplementary to the regular amino acid mixture – if applicable.
- The box with **Phenylalanin⁵⁰ minis** must be closed tightly after use, also with the inner lid.

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