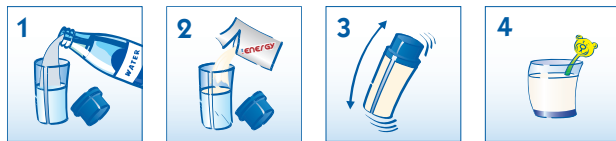


## PREPARATION



Always prepare XPhe energy K neutral freshly!

- Fill 100 ml non-carbonated drinking water into a shaker. Empty one sachet XPhe energy K neutral into it. Shake! Ready!
- Each of the practical sachets (16,5 g) **XPhe energy K neutral** contains 5 g protein equivalent.
- Depending on the age of the child, you can exchange 1 sachet (16,5 g) **XPhe energy K neutral** with:
  - ⇒ XPhe Infant Mix<sup>ICP</sup> 47 g or
  - ⇒ XPhe Kid 1 sachet/7 g or
  - ⇒ XPhe smart K 1 sachet/8 g

from 1 year up to 6 years of age

## DOSAGE/USAGE

- The daily total amount of amino acid mixture depends on age, body weight and individual medical condition/Phenylalanine tolerance and should be re-examined and adjusted in accordance with the results of regular monitoring.
- The daily dosage of amino acid mixture should at best be divided into 3 - 5 single portions.
- The daily dosage of amino acid mixture can consist either exclusively of **XPhe energy K neutral** or of a combination of several amino acid mixtures suitable for use in the dietary management of Phenylketonuria. Products from the XPHE-SYSTEM are highly recommended.

**IMPORTANT NOTICE** Must only be used under medical supervision. Not for use as a sole source of nutrition. For enteral use only. Only for children with proven Phenylketonuria (PKU) or Hyperphenylalaninemia (HPA). Suitable from 1 to 6 years of age.

## PRODUCT INFORMATION



FOOD FOR SPECIAL MEDICAL PURPOSES

FOR THE DIETARY MANAGEMENT OF

PHENYLKETONURIA (PKU) OR HYPERPHENYLALANINEMIA (HPA)

IN TODDLERS/CHILDREN FROM 1 TO 6 YEARS OF AGE

ESPECIALLY SUITABLE AS A KIND OF MILK SUBSTITUTE



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## LIKE A MILKSHAKE

- **XPhe energy K neutral** – for the dietary management of Phenylketonuria (PKU) or Hyperphenylalaninemia (HPA).
- For toddlers/children from 1 to 6 years of age.
- **XPhe energy K neutral** – Phe-free protein supplement with a consistency similar to a milkshake.
- Palatable neutral taste and smell.

pleasantly neutral smell and taste

## BALANCED IN ENERGY

- With energy! Just the right amount, so that the amino acids can be taken up most effectively.
- **XPhe energy K neutral** can be taken as an in-between-meal.
- With the recommended and physiologically important ratio of  $\omega$ -6- to  $\omega$ -3-fatty acids, according to D-A-CH\*.  
\*Reference values for dietary intake from the societies of nutritional science of Germany, Austria and Switzerland.

## EASY TO USE

- Packed in sachets. Easy to handle, ready for use – no scale nor scoop needed.

Easy to calculate:

1 sachet/16,5 g **XPhe energy K neutral**  $\triangleq$  5 g protein eqv.

- Easy to take along to various activities!

## IDEAL FOR TODDLERS AND CHILDREN

- Is suitable from the age of 1 year onwards.
- Makes it easier to proceed from the Phe-free infant formula (**XPhe Infant Mix<sup>ICP</sup>**) to any other protein supplement (amino acid mixture).
- Especially suitable as as a kind of Phe-free milk substitute.
- Contains 3-times more protein than Phe-free infant formula (**XPhe Infant Mix<sup>ICP</sup>**).
- Compensates for energy deficiencies, which may arise when switching from bottle feeding to the family-diet – **XPhe Infant Mix<sup>ICP</sup>** contains more calories than a normal, concentrated amino acid mixture.
- Palatable neutral taste and smell.
- No typical smell of amino acid powder.



## NUTRITION INFORMATION

### XPhe energy K neutral

		100 g	1 Sachet/16,5 g
Energy	kJ	1704	281
	kcal	405	67
Fat	g	14	2,4
	of which		
	saturates	g 3	0,5
	mono-unsaturates	g 6	1
	polyunsaturates	g 6	1
Carbohydrate	g	39	6
of which sugars	g	3,4	0,6
Fibre	g	0,6	0,1
<b>Protein eqv.</b>	g	30	<b>5</b>
Amino acids	g	36	6
Salt	g	0	0

Supplemented with vitamins, minerals and trace elements in balanced amounts.

**XPhe energy K** from 1 year up to 6 years



20 x 16,5 g

● **XPhe energy K neutral**

supplemented with micronutrients