

SLOW RELEASE

- prolonged release of amino acids in stomach and gut
- slow absorption of amino acids into the blood

Slow Release – a more natural way of protein digestion.

The individual amino acids are released over a longer period of time within the gastrointestinal tract. As a result the amino acids are digested in a similar way to how natural protein is digested. This promotes the formation of the body's own (muscle) protein and prevents deficiency situations.

We embed the amino acid mixture in alginate (plant extract from the sea) so that the amino acids are released as slowly as possible. Alginates have a prebiotic effect and are therefore good for the intestinal flora. Studies have shown that they can help to reduce body weight and lower cholesterol levels and can also help to prevent diabetes.



PROLONGED RELEASE

DISCRETE AND INCONSPICUOUS

- absolutely discreet, can be taken inconspicuously
- no attention drawn to your dietary product – this is what makes good compliance rather easy
- no unpleasant aftertaste – no awkward bad breath – no annoying belching



VERY PLEASANT – IN EVERY RESPECT

TOOTH-FRIENDLY

- the coated tablets/pellets are tooth-friendly
- taking them with (mineral) water makes an important contribution to oral hygiene
- helps to prevent possible damage to the teeth caused by caries



PROTECT TEETH FROM CARIES



1 Securibox®:
100 g XPhe Piccos \triangleq 60 g protein eqv.

metaX Institut für Diätetik GmbH
Am Strassbach 5 · 61169 Friedberg/Germany

☎ 008000-9963829
(freecall from A, D, NL)
or + 49 (0) 8432 - 94 86 0

✉ service@metax.org
🛒 metax-shop.org
🌐 metax.org



PRODUCT INFORMATION



XPHE Piccos



TINY TABLETS/PELLETS
SUPPLEMENTED WITH

Vitamins
Minerals
Trace elements

FROM 3 YEARS OF AGE

SLOW
RELEASE

FOOD FOR SPECIAL MEDICAL PURPOSES
FOR THE DIETARY MANAGEMENT OF

**PHENYLKETONURIA (PKU)
OR HYPERPHENYLALANINEMIA (HPA)**

XPhe Piccos

TINY TABLETS WITH LONG-TERM POWER

- protein supplement free of Phenylalanine in tablet/pellet form
- prolonged release of amino acids – Slow Release
- with vitamins, minerals and trace elements
- protein substitute high in protein and low in energy
- without carbohydrate and only a small amount of fat
- suitable from 3 years of age



HIGHLY CONCENTRATED
AND BALANCED

FLEXIBLE AND INDIVIDUAL

- ready for application, absolutely no preparation needed
- ideal for school and job, for leisure and sports, and for travelling
- individual and flexible dosing
- practical measuring cup makes handling particularly easy



1 MEASURING CUP* \triangleq 10 g PROTEIN EQV.
*filled to the mark of 22,5 ml



1 SECURIBOX® at 100 g \triangleq 60 g PROTEIN EQV.

INDISPENSABLE FOR PKU/HPA

XPhe Piccos replace that amount of protein in the diet, which may not be taken in from natural foods.

Healthy people meet their requirements of amino acids through food rich in protein, people with PKU/HPA through their protein supplement, e.g. XPhe Piccos.

INTAKE

XPhe Piccos should be swallowed unchewed as whole tablets/pellets. They should always be taken with a sufficient quantity of liquid. The tablets/pellets are not meant to dissolve in the mouth. Do not dissolve the tablets/pellets in water or other liquids. We recommend to take them in an upright position.

XPhe Piccos should be used within three weeks – the original Securi-box® being closed tightly after every use.

Note: XPhe Piccos are coated with a flavour-neutral layer. This outer coating makes the tablets/pellets easy to swallow. The protective coating is extremely thin and water-soluble. If this coating were to dissolve, the tablets/pellets would taste like a typical amino acid mixture.

IMPORTANT NOTICE

Must only be used under medical supervision. Not for use as a sole source of nutrition. For enteral use only. Only for people from 3 years of age with proven Phenylketonuria (PKU) or Hyperphenylalaninemia (HPA).

TIP:

XPhe Piccos also provide an alternative for all those who wish to benefit from the advantages of our XPhe minis but cannot swallow them.

NUTRITION INFORMATION

		100 g	16,7 g (1 measuring cup)
Energy	kJ	1168	195
	kcal	277	46
Fat	g	1	0,16
of which saturates	g	1	0,16
Carbohydrate	g	0	0
of which sugars	g	0	0
Fibre	g	13	2,2
Protein eqv.	g	60	10
Amino acids	g	72	12
Salt	g	2,4	0,4



supplemented with all micronutrients
VITAMINS, MINERALS
& TRACE ELEMENTS

DOSAGE

- The daily total amount of amino acid mixture depends on age, body weight and individual medical condition and/or protein tolerance. The dosage should be re-examined and adjusted according to the results of regular medical monitoring.
- The daily dosage of protein substitute should at best be divided into 3 – 5 single portions.
- XPhe Piccos can easily be combined with other XPhe-products from our large product portfolio for PKU/HPA.
- The PKU-diet must be supplemented with energy, natural protein and other nutrients in prescribed quantities.

ENVIRONMENTALLY FRIENDLY PACKAGING

- packed in the Securi-box® – made of renewable, plant-based raw material from controlled, eco-friendly cultivation
- sustainable and CO₂-efficient