

## PERFECT „TO GO“

- simply take along – fits in every pocket
- ideal for on the go – for school and job, for leisure and sports
- ideal for traveling (e.g. by plane) – little pack size, low weight, instantly ready to take

easy and practical

## TOOTH-FRIENDLY

- the coated tablets are tooth-friendly
- taking them with (mineral) water makes an important contribution to oral hygiene
- helps to prevent possible damage to the teeth caused by caries

protect teeth from caries



## PRODUCT INFORMATION



TABLETS  
SUPPLEMENTED WITH

Vitamins  
Minerals  
Trace elements

FROM 3 YEARS OF AGE

Met  
minis

Zero

Zero  
Met  
minis

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FOOD FOR SPECIAL MEDICAL PURPOSES  
FOR THE DIETARY MANAGEMENT OF

HOMOCYSTINURIA (HCU)



## TABLETS – EASY & PRACTICAL

- protein supplement free of Methionine (Met) in tablet form
- with vitamins, minerals and trace elements
- protein substitute high in protein and low in energy
- without carbohydrate and only a small amount of fat
- suitable from 3 years of age

highly concentrated and balanced

## CONVENIENT

- ready for application, absolutely no preparation necessary
- can be consumed discreetly
- do not draw attention to your dietary product – this is what makes good compliance rather easy
- packed in sachets – convenient and time saving – quick to calculate

1 sachet  $\triangleq$  12 tablets  $\triangleq$  5 g protein eqv.

## DISCREET

- no unpleasant aftertaste
- no awkward bad breath
- no annoying belching

very pleasant – even after taking

## INDISPENSABLE FOR HOMOCYSTINURIA

- ZeroMet minis replace that amount of protein in the diet, which may not be taken in from natural foods. Healthy people meet their requirements of amino acids through food rich in protein, people with Homocystinuria through their protein supplement, e.g. ZeroMet minis.

## DOSAGE

- The daily total amount of amino acid mixture depends on age, body weight and individual medical condition and/or protein tolerance. The dosage should be re-examined and adjusted according to the results of regular medical monitoring.
- The daily dosage of protein substitute should at best be divided into 3 – 5 single portions.
- ZeroMet minis can also easily be combined with other ZeroMet-products from our product portfolio for Homocystinuria.
- The diet must be supplemented with energy, natural protein and other nutrients in prescribed quantities.

## INTAKE

- ZeroMet minis should be swallowed unchewed as whole tablets. They should always be taken with a sufficient quantity of liquid. ZeroMet minis are not meant to dissolve in the mouth. Do not dissolve the tablets in water or other liquids. We recommend to take the tablets in an upright position. Once sachet is opened, tablets should be taken within the next 6 hours.
- Note:** ZeroMet minis are coated with a flavour-neutral layer. This outer coating makes the tablets easy to swallow. The protective coating is extremely thin and water-soluble. If this coating were to dissolve, the tablets would taste like a typical amino acid mixture.
- ZeroMet minis should preferably be taken along with calculated amounts of regular food according to individual protein tolerance.

**IMPORTANT NOTICE** Must only be used under medical supervision. Not for use as a sole source of nutrition. For enteral use only. Only for people from 3 years of age with proven Homocystinuria.

## NUTRITION INFORMATION

		100 g	12 tablets (1 sachet)
• Energy	kJ kcal	1194 283	100 24
• Fat	g	1	0,08
of which saturates	g	1	0,08
• Carbohydrate	g	0	0
of which sugars	g	0	0
• Fibre	g	17	1,4
• <b>Protein eqv.</b>	g	60	5
Amino acids	g	72	6
• Salt	g	0	0

→ supplemented with

- ✓ vitamins
- ✓ minerals
- ✓ trace elements



35 sachets at 12 tablets  
1 box = 294 g