

Product Information

– for professionals only –



ViskoMaxx CLEAR

In Short

- ViskoMaxx clear is a tasteless, powdered, xanthan gum based thickening agent – Food for Special Medical Purposes
- for the dietary management of swallowing difficulties (dysphagia)
- brings cold and warm liquids, sip feeds and pureed or strained food into the desired firmer consistency
- easily soluble
- clear and colorless when dissolved
- neutral in smell and taste
- amylase resistant – consistency remains stable while contact with saliva
- no post-thickening after preparation
- suitable above 3 years of age
- 450 g tin

Product Profile

ViskoMaxx clear is an easily soluble, tasteless powdered thickening agent for the dietary management of swallowing difficulties (dysphagia). Suitable for children above 3 years of age, teenagers and adults.

ViskoMaxx clear makes swallowing easier and safer for persons with swallowing difficulties, dysphagia.

ViskoMaxx clear can easily modify the texture of cold and warm liquids, sip feeds as well as pureed or strained foods such as mashed potatoes, fruit or vegetable puree or pureed meat and brings them to the desired more solid consistency.

Even after contact with saliva, the solid consistency remains preserved.

ViskoMaxx clear does not post-thicken after preparation. ViskoMaxx clear is a xanthan gum based thickening agent, which is designed to maintain the normal appearance of fluids - no turbidity of clear liquids occurs.

ViskoMaxx clear is

- > an easily soluble thickener
- > clear and colorless when dissolved
- > neutral in smell and taste
- > amylase resistant – consistency remains stable in contact with saliva
- > no post-thickening after preparation
- > acid- and temperature-stable
- > versatile
- > free from lactose and fructose
- > gluten-free
- > vegan

Indication

ViskoMaxx clear is suitable to thicken both liquids and foods as part of the dietary management of dysphagia in:

- > neurodegenerative conditions, e. g. stroke, Parkinson's disease, cranio cerebral trauma, amyotrophic lateral sclerosis (ALS)
- > tumor diseases in the head/neck area as well as under appropriate radiotherapy, e. g. laryngeal carcinoma, pharyngeal carcinoma
- > dementia

Important Notice: Only to be taken under strict medical supervision. Not for use as sole source of nutrition. Not suitable for tube feeding, do not use parenterally. Suitable above 3 years of age.

Dosage and application

The desired suitable degree of thickening of beverage or food is achieved by the amount of ViskoMaxx clear used.

Depending on the initial consistency of the liquid or food, a larger or smaller amount of powder is required to obtain the desired effect. The amount of powder also determines whether beverages or food will show a syrup-, honey- or pudding-like consistency. The dosage also depends on the type of swallowing disorder and can individually be recommended by a doctor/speech therapist/logopedist.

Preparation

• Drink

Stir ViskoMaxx clear into the cold or warm

liquid. Recommended dosage per 100 ml:

- > syrup-like/stage 1: 1,6 g (1 scoop)
- > honey-like/stage 2: 3,2 g (2 scoops)
- > pudding-like/stage 3: 4,8 g (3 scoops)

• Food (pureed or strained), Soup

Stir ViskoMaxx clear into cold or warm food (puree/porridge/soup). Recommended dosage per 100 g:

- > depending on desired consistency:
1,6 g – 4,8 g (1 – 3 scoops)

The scoop provided in the tin holds approx. 1,6 g ViskoMaxx clear.

Always prepare freshly – discard any unfinished food or beverage.

Tip: Stir the powder immediately and swiftly into drink or food – using either a spoon or a whisk. Leave to stand for 2 minutes before serving.

NUTRITION DECLARATION

ViskoMaxx clear

100 g

1,6 g

Energy	kJ	1387	22
	kcal	329	5
Fat	g	0	0
of which saturates	g	0	0
Carbohydrate	g	71	1,1
of which sugars	g	4	0,1
Fibre	g	21	0,3
Protein	g	0,8	0,01
Salt	g	2,5	0,04

INGREDIENTS

Maltodextrin, thickener: xanthan gum.

Delivery Unit	tin 450 g	tin 3 x 450 g
Article Number	xx-002-50044	xx-002-50045
Delivery to	Wholesalers, pharmacies, clinics	
Storage	Store in a cool, dry place.	