

# Piccos

**X**Phe • **Zero** • **plus 8**



THE PICCOS DIET:  
WITH LONG-TERM POWER



## XPhe Piccos • plus8 Piccos • Zero Piccos

### SLOW RELEASE

- ▶ a more natural way of protein digestion
- ▶ slower absorption of amino acids into the blood

### EFFICIENT

high in protein, low in energy

### COMPLETE

with vitamins, minerals and trace elements

### NEUTRAL

coated tablets, no taste, no smell

### CONVENIENT

no preparation, no cooling necessary

### FLEXIBLE

wide choice of beverages suitable for intake

### PLEASANT

no breath malodour or belching

### COMFORTABLE

easy to swallow

### PREBIOTIC

well tolerated, alginates promote the microbiome

PICO EFFORT –  
MAXI EFFECT AND LONG-TERM POWER



### PKU & HPA

#### XPHE

FREE OF  
Phenylalanine



### UREA CYCLE DISORDERS

#### PLUS 8

WITH ALL 8  
INDISPENSABLE  
Amino Acids AND Histidine



### MMA & PA

#### ZERO TVMI

FREE OF  
Threonine, Valine,  
Methionine, Isoleucine



### MSUD

#### ZERO VIL

FREE OF  
Valine, Isoleucine,  
Leucine



### HOMOCYSTEINURIA

#### ZERO Met

FREE OF  
Methionine



### TYROSINEMIA

#### ZERO TP






FREE OF  
Tyrosine



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**SLOW  
RELEASE**

prolonged release of amino acids

-  Food for Special Medical Purposes (FSMP)
-  highly concentrated protein supplements in form of tiny, coated tablets/pellets for use in the dietary management of inborn errors in metabolism
-  free of the amino acids critical for the respective metabolic disorder  
***plus8 Piccos:** contain all 8 indispensable amino acids  
plus the conditionally indispensable amino acid L-Histidine*
-  pure L-amino acids and micronutrients in adequate amounts
-  suitable from 3 years of age onwards

1 SECURIBOX® at 100 g  $\pm$  60 g PROTEIN EQV.



**SLOW  
RELEASE**

### Slow Release

Slow Release protein supplements are characterised by a prolonged release of the amino acids in the gastrointestinal tract.

The embedding of the amino acid formulation in alginate contributes to a digestion of the amino acids similar to that of natural protein.

The prolonged absorption kinetics

- promotes endogenous protein synthesis
- prevents catabolism
- improves metabolic control
- leads to lower peak concentrations of individual amino acids in the blood.

Alginates exhibit a prebiotic effect and by promoting the microbiome.

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