

# Piccos

**X**Phé • **Zero** • **plus8**



THE PICCOS DIET:  
WITH LONG-TERM POWER



## Xphe Piccos • plus8 Piccos • Zero Piccos

### SLOW RELEASE

- a more natural way of protein digestion
- slower absorption of amino acids into the blood

**EFFICIENT** high in protein, low in energy

**COMPLETE** with vitamins, minerals and trace elements

**NEUTRAL** coated tablets, no taste, no smell

**CONVENIENT** no preparation, no cooling necessary

**FLEXIBLE** wide choice of beverages suitable for intake

**PLEASANT** no breath malodour or belching

**COMFORTABLE** easy to swallow

**PREBIOTIC** well tolerated, alginates promote the microbiome

PICO EFFORT –  
MAXI EFFECT AND LONG-TERM POWER



### PKU & HPA

#### **Xphe**

FREE OF  
Phenylalanine



### UREA CYCLE DISORDERS

#### **PLUS 8**

WITH ALL 8  
INDISPENSABLE  
Amino Acids AND Histidine



### MMA & PA

#### **ZEROTVMI**

FREE OF  
Threonine, Valine,  
Methionine, Isoleucine



### MSUD

#### **ZEROVIL**

FREE OF  
Valine, Isoleucine,  
Leucine



### HOMOCYSTINURIA

#### **ZEROMET**

FREE OF  
Methionine



### TYROSINEMIA

#### **ZEROTP**

FREE OF  
Tyrosine



## XPhe Piccos • plus8 Piccos • Zero Piccos



prolonged release of amino acids



Food for Special Medical Purposes (FSMP)



highly concentrated protein supplements in form of tiny, coated tablets/pellets for use in the dietary management of inborn errors in metabolism



free of the amino acids critical for the respective metabolic disorder  
**plus8 Piccos:** contain all 8 indispensable amino acids  
 plus the conditionally indispensable amino acid L-Histidine



pure L-amino acids and micronutrients in adequate amounts



suitable from 3 years of age onwards

1 SECURIBOX® at 100 g  $\pm$  60 g PROTEIN EQV.



**SLOW RELEASE**

### Slow Release

Slow Release protein supplements are characterised by a prolonged release of the amino acids in the gastrointestinal tract.

The embedding of the amino acid formulation in alginate contributes to a digestion of the amino acids similar to that of natural protein.

The prolonged absorption kinetics

- promotes endogenous protein synthesis
- prevents catabolism
- improves metabolic control
- leads to lower peak concentrations of individual amino acids in the blood.

Alginates exhibit a prebiotic effect and by promoting the microbiome.

**metaX Institut für Diätetik GmbH**  
Am Strassbach 5 · 61169 Friedberg · Germany

📞 008000 - 9963829  
 (freecall from A, D, NL)  
 or +49 (0)8432 - 94 86 0

✉️ service@metax.org  
 🛒 metax-shop.org  
 🌐 metax.org