



# Magnesium-L-Aspartat

## In Short

- Magnesium-L-Aspartat is a Food for Special Medical Purposes (FSMP) for use in the dietary management of rare metabolic disorders, e.g. mitochondrial Aspartyl-tRNA-Synthetase Deficiency (DARS2 Deficiency, LBSL), when supplementation with L-Aspartic acid is indicated
- Magnesium L-Aspartate – in powder form
- suitable for tube feeding
- 150 g tin

## Product Profile

Magnesium-L-Aspartat is Magnesium L-Aspartate in powder form.

Magnesium-L-Aspartat is not fortified with micronutrients.

## Administration

Magnesium-L-Aspartat should be taken along with other food – if applicable.

Magnesium-L-Aspartat is also suitable for tube feeding.

## Preparation

Magnesium-L-Aspartat may be stirred into liquids, such as water, (diluted) juice or milk, it should be drunk immediately.

Magnesium-L-Aspartat may also be prepared with fruit puree and other foods.

Always weigh the amount of Magnesium-L-Aspartat needed. Always prepare freshly.

## Reference:

- Oswald et al. (2023) Treatment of Mitochondrial Phenylalanyl-tRNA-Synthetase Deficiency (FARS2) with Oral Phenylalanine; Neuropediatrics 54(5):351-355. doi: 10.1055/a-2008-4230. Epub 2023 Jan 5.

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**Function** Magnesium-L-Aspartat is suitable for prevention or correction of disease related L-Aspartic acid deficiencies.

**Dosage** The daily dosage depends on age, body weight and individual medical condition, and is, just as the right time for the daily intake, determined under medical supervision.

**Important Notice** Must only be used under medical supervision. Not for use as a sole source of nutrition. For enteral use only. Only for people with rare metabolic disorders, e.g. DARS2 Deficiency, LBSL. Magnesium-L-Aspartat is not suitable for infants in the first year of life.

**NUTRITION INFORMATION**

Magnesium-L-Aspartat

100 g

<b>Energy</b>	kJ	985
	kcal	232
<b>Fat</b>	g	0
of which saturates	g	0
<b>Carbohydrate</b>	g	0
of which sugars	g	0
<b>Protein eqv.</b>	g	58
of which L-Aspartic acid	g	69
<b>Salt</b>	g	0

**Minerals**

Magnesium	g	12
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**INGREDIENTS**

Magnesium L-aspartate.

Delivery Unit	tin 150 g
Article Number	xx-001-98040
Delivery to	Pharmacies, clinics
Storage	Store in a cool, dry place.